

Preschool B

Back to School Night

Fall 2026



ST. CHARLES
BORROMEO
CATHOLIC SCHOOL

Mrs. Fox

- Bachelor's Degree in Elementary Education from Central Washington University
- Minor in Reading
- 4 years experience in Pre-K
- 2 years experience teaching 2–5 year olds and Transitional Kindergarten
- 7th year at St. Charles (5th year teaching)

PS-B Schedule

8:30 - Arrival and Bathroom Time

8:30 - 9:00 - Circle Time, Music and Movement

9:00 - 9:30 - Stations

9:30-10:00 - Morning Snack

10:00 - 10:30 - Morning Recess

10:30 - 11:00- Story/Religion

11:15 - 11:25 - Lunch

11:25 - 11:45- Bathroom Time

11:45 - 12:15 - Lunch Recess

12:15 - 12:20 - Story Time/Bathroom Break

12:20 - 2:00 - Quiet Time

2:00 - 2:15 - Bathroom Break

2:15 - 2:30 - Afternoon Snack

**2:30 - 2:45 - Dancing/Afternoon Recess/Closing
Circle**

2:45 - 3:00 - Pack up/Walk to Gym

What Makes This Grade So Special?

Fine and Gross Motor Skills

Playdoh, coloring, using tweezers, and other grabbers. Sitting, crawling, running, and throwing skills.

Becoming Independent

Learning how to clean up after ourselves, how to put on our coats

Creativity

Learning to express ourselves through art, music, and play.

Social Skills

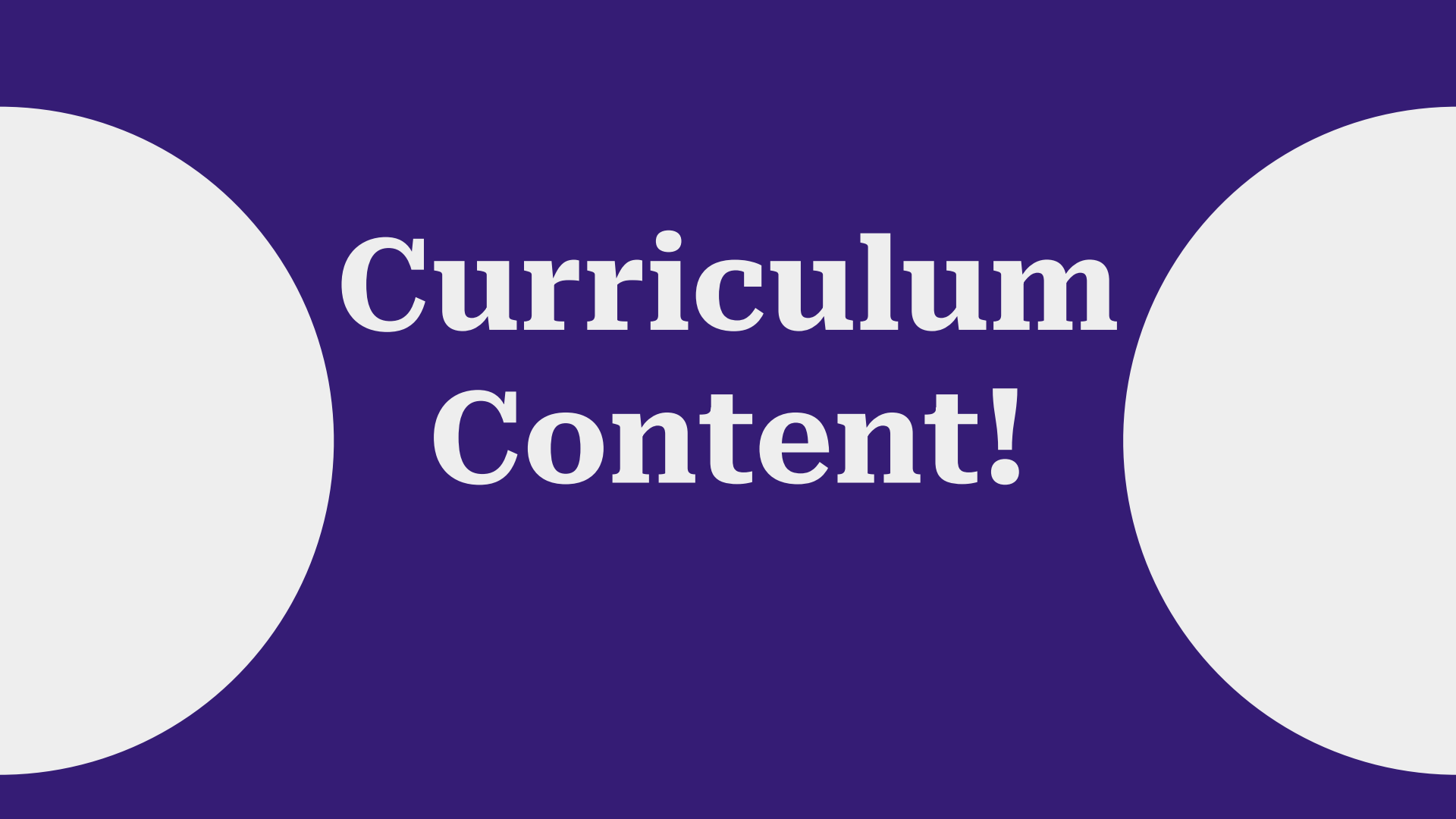
How to make friends, how to be kind, how to talk to people

Cultural Education

Learning some basic Spanish, and customs from different countries.

Classroom Expectations and Etiquette

- Learning how to get into a line
- Listening skills
- Learn how to ask for help
- Learn how to go to the bathroom in a classroom setting
- Learn how to walk in the school
- Learn how to play (and clean up)
- Learn how to pray
- Learn how to wait

The image features a dark purple background with two large, white, semi-transparent circles positioned on the left and right sides. In the center, the text "Curriculum Content!" is displayed in a bold, white, serif font, arranged in two lines.

Curriculum Content!

Literacy

- ★ Phonics – Letter names and sounds (exposure)
- ★ Exposure to different kinds of print
- ★ Exposure to many books and authors
- ★ Working on story related projects
- ★ Environmental print
- ★ Recognizing names
- ★ Spelling names
- ★ Tracing/spelling/writing their names
- ★ Tracing



Math

- ★ Number recognition
- ★ Rote counting
- ★ Counting manipulatives
- ★ Cardinal and ordinal numbers
- ★ Patterns
- ★ Sorting
- ★ Shapes
- ★ Puzzles



Fine Motor Skills

- ★ Play doh
- ★ Coloring
- ★ Cutting
- ★ Painting with different materials
- ★ Stamping
- ★ Stickers
- ★ Manipulatives
- ★ Lacing beads
- ★ Unifix cubes
- ★ Eye droppers
- ★ Tongs
- ★ Buttons
- ★ Tearing
- ★ Gluing



Speech and Language Skills

- ★ Through direct teaching of age appropriate concepts (spatial, positional, and quantitative)
- ★ Through stories
- ★ By making choices and during play
- ★ Structured activities
- ★ Vocabulary

Science

- ★ Light
- ★ Sound
- ★ Magnets
- ★ Animals
- ★ Matter (solid, liquid, gas)
- ★ Plants
- ★ Our Bodies
- ★ Weather
- ★ Colors

Religion

- ★ Sign of the Cross
- ★ Prayer Before Meals
- ★ Advent Activities
- ★ Lent Activities
- ★ Religious Figures
- ★ Saints
- ★ Monthly Mass Attendance
- ★ Bible Stories

Social Skills

- ★ Being a Friend
- ★ Maintaining Friendships
- ★ Sharing
- ★ Cleaning Up
- ★ Taking Turns
- ★ Identifying Emotions
- ★ Self-Regulation
- ★ Asking for Help
- ★ Listening
- ★ Manners
- ★ Problem Solving
- ★ Playing Together
- ★ Classroom Expectations

Preschool: A Year of Growing

This year, your student will grow - be prepared for an email or message asking for more food at snack/lunch time!



Testing

- ★ Informal Assessments
- ★ Small Group Assessments
- ★ Teacher Observations

Birthday Celebrations

- ★ 15 small treats to share - two-bite brownies or cupcakes, doughnut holes, small cookies, raisins, applesauce pouches, rice krispie treats, etc. are fun choices
- ★ Celebration will be during am snack

Conferences

- ★ October 22nd
- ★ October 23rd
- ★ Both are NO SCHOOL days for students!
- ★ Look for a SignUp Genius in early October for sign ups! (If these dates are not feasible for your schedule, please contact me - we can make something work!)

Communication

- ★ The best way to contact me is through email or Brightwheel. (I do check my email more frequently than Brightwheel!)
- ★ Weekly newsletter is emailed Friday afternoons
- ★ I am open to schedule a conference as needed!

Volunteer Opportunities!

- **Room Parent(s)** - helps plan and run class parties (Halloween, Christmas, Valentine's Day, End of the Year Party)
- **WFH Volunteer** - (Work from home) - we can send cutting or tracing projects home with your student and you return them!
- **Shoe Liturgy Helpers** - Help with Shoe Liturgy, a September - December commitment (email me and I can put you in touch with Rachel Bracali)
- **Other** - Can you think of a way? Do you have a special skill you would like to share? (Can you dance? Make a fun food? Do a fun craft?)

Reminders

Shoe Liturgy - December 4th at 2pm

Halloween Party - October 30

Christmas Party - December 17 or 18

Valentine's Day Party - February 12

End of the Year Party/Field Day - June 15

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Thank you!