

St. Charles Borromeo School

Middle School Student-Athlete Handbook

Mission Statement

St. Charles Borromeo School athletics exist to support the mission of the school by developing student-athletes who demonstrate faith, character, teamwork, respect, and sportsmanship. Participation in athletics is a privilege that carries responsibility both on and off the court/field.

SCB Prayer for Faithful Competition:

**“Lord,
Thank You for this opportunity to compete.
Help us play with heart, discipline, and sportsmanship.
Let us encourage our teammates,
honor our opponents,
And respect our officials.
May we give our best in everything we do.**

Amen.

St. Charles Borromeo, pray for us!”

1. Philosophy of Middle School Athletics

St. Charles Borromeo (SCB) athletics emphasize:

- Skill development and fundamentals
- Teamwork and cooperation
- Respect for self, teammates, opponents, coaches, and officials
- Positive representation of SCB and the Catholic faith

Character, effort, and growth are more important than game results.

2. Eligibility Requirements

To participate in middle school athletics, students must:

- Be currently enrolled at St. Charles Borromeo School
- Maintain satisfactory academic progress
 - A passing grade (70%+) in all classes
 - If there is a class where there is a failing grade, a plan to get back to passing must be presented to the athletic director or principal, for their approval to participate.
- Demonstrate appropriate behavior and citizenship
- Have required athletic forms completed and on file in the office:
 - physical form
 - Student-Athlete Handbook Acknowledgement Form
- Meet league age and grade requirements

The Athletic Director and school administration reserve the right to determine eligibility.

3. Academic Expectations

Student-athletes are students first.

- Students must make a consistent effort in all classes
- Missing or failing assignments may result in temporary suspension from practices or games
- Teachers may communicate concerns to coaches and the Athletic Director

If academic performance declines, a student-athlete may be placed on probation or removed from a team until improvement is shown.

Student-athletes placed on probation must:

- Achieve passing grades in all classes
- Complete a Grade Check form weekly until passing grades are achieved in all classes

A Grade Check form must be signed by all of the student-athletes' teachers to acknowledge passing grades and be turned into the Athletic Director before returning to team activities.

4. Behavior and Conduct

Student-athletes are expected to:

- Follow all school rules
- Show respect toward teachers, staff, coaches, teammates, opponents, and officials
- Use appropriate language at all times
- Demonstrate good sportsmanship in victory and defeat

Unacceptable behaviors include (but are not limited to):

- Profanity or disrespectful language
- Bullying or harassment
- Fighting or physical aggression
- Cheating or dishonesty

Consequences may include warnings, loss of playing time, suspension, or removal from the team.

5. Sportsmanship Expectations

SCB student-athletes will:

- Shake hands after games
- Accept officials' decisions without argument
- Encourage teammates
- Never taunt or ridicule opponents

Poor sportsmanship reflects negatively on the individual and the school and will not be tolerated.

6. Attendance and Participation

School Attendance

- Students must attend school on the day of a game or practice in order to participate
- Students that do not complete the school day due to illness are not allowed to return later in the day for athletic practices/games
- Students that are sent home for disciplinary reasons or serving school suspensions may not participate in athletics until the suspension is completed
- Exceptions must be approved by the Athletic Director

Practices

- Regular attendance is expected
- Arrive on time and prepared
- Notify the coach in advance if an absence is unavoidable

Games

- Players are expected to attend scheduled games
- Playing time is determined by the coach

Excessive absences may result in reduced playing time.

7. Equipment and Uniforms

Student-athletes must:

- Take care of all issued equipment and uniforms
- Return all items at the end of the season

Lost or damaged items may result in a replacement fee.

Uniforms are to be worn only for games unless otherwise directed.

8. Locker Room and Facility Expectations

- Keep locker rooms clean
- Respect school property
- No food or drink unless permitted
- No horseplay (rough/physical play, pranking, etc.)

Only coaches may operate gym equipment, including partitions and accessing equipment storage areas.

9. Disciplinary Actions

Disciplinary actions that result from violating school rules and classroom expectations may result in consequences such as:

- Suspension from practices or games
- Removal from the team

Playing sports at St. Charles Borromeo is a privilege. All student-athletes are expected to model school rules and classroom expectations.

10. Acknowledgement of Handbook

All student-athletes and parents/guardians must review this handbook and sign an acknowledgement form before participation. Acknowledgement forms must be turned into the Athletic Director or the school office.

Student-Athlete Handbook Acknowledgement Form

I, the undersigned student-athlete, acknowledge that I have received, read, and understand the St. Charles Borromeo Middle School Student-Athlete Handbook. I agree to follow the rules, policies, and expectations outlined in the handbook.

Student-Athlete Name: _____

Grade: _____

Sport(s): _____

Student Signature: _____

Date: _____

I, the undersigned parent/guardian, acknowledge that I have received, read, and understand the St. Charles Borromeo Middle School Student-Athlete Handbook. I support my child in following the rules, policies, and expectations outlined in the handbook.

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____